





NOVEMBER 2025

HBMI

# NEWSLETTER



## Food assistance options are available to tribal citizens

In response to the current Government Shutdown, and all of the uncertainty surrounding families and their ability to obtain food, we want to inform our citizens that our USDA Food Distribution Program on Indian Reservations Program will NOT be affected by this shutdown.

Our program is preparing for an increase in the number of participants as a result of SNAP being affected. We want to encourage those who are affected by this shutdown to please put applications in as early as possible. If you have an open SNAP case, you MUST close this BEFORE Nov. 1!

**See Food page 2**

### INSIDE THIS ISSUE

**Veterans Day event planned**

**Halloween happenings**

**Elders Meals**

**Domestic Violence Awareness**

**Upcoming events**



Travis Benson, left, and Carrie Peterson, along with Tammy Tompkins (not pictured) of the Maliseet Food Distribution Center are ready to help those with food needs.





## Food assistance

### Continued from Page 1

If your case is still open after Nov. 1, we cannot issue any food to you for the month of November. This is because when the shutdown ends, you will receive your SNAP benefits for November, and you cannot participate in SNAP and our USDA Program in the same month.

Should you decide to close your SNAP for our program for the month of November, you have the option to close your case with us and go back to SNAP in December.

Please feel free to reach out to Carrie Peterson at 207-532-8919 or [cpeterson@maliseets.com](mailto:cpeterson@maliseets.com).

In addition, our Maliseet Tribal Food Pantry is another option for tribal citizens looking for food items. The Pantry has added extra days for food pickup in the month of November. Tribal citizens can now pick up goods on Nov. 3-5, Nov. 10, Nov. 12, and Nov. 17 from 8 a.m. to 4 p.m. Additional days are Nov. 18 and Nov. 25 from 8 a.m. to noon.

Elder delivery days will be Thursday, Nov. 6 and Nov. 13, from 8 a.m. to 4 p.m.; and Nov. 18 and Nov. 25 from noon to 4 p.m.

For more information on the food pantry, contact Ashley Foster-Kinney at 207-694-5254 or email [afoster@maliseets.com](mailto:afoster@maliseets.com).

## HALLOWEEN HAPPENINGS



# HAPPY VETERANS DAY

1PM RAISING OF THE FLAGS AT  
MALISEET VETERANS CEMETERY  
FOLLOWED BY REFRESHMENTS AT THE  
ELDER CENTER.

**TUESDAY NOVEMBER 11, 2025**

**HONORING ALL WHO SERVED**



# Maliseet Advocacy Center, tribal citizens walk with purpose

HOULTON, Maine – A small, but spirited group turned out Saturday for a one-mile walk/run to raise awareness for domestic violence.

“Our goal is to raise awareness about domestic violence and by knowing more, you can foster a healthy mind, spirit and body,” said Cathy St. John, director for the Maliseet Advocacy Center.

About a dozen walkers participated this year, logging four laps around the Maliseet Football Field. Sponsored by the Maliseet Advocacy Center and the Maliseet Community Health Education department, the walk was the final event to celebrate October as Domestic Violence Awareness Month. Previous events included a purple tree lighting ceremony; a candlelight vigil and meal; and a purple butterfly mosaic making activity to symbolize transformation.

“Native men, women and youth face some of the highest rates of domestic violence in the country,” added Tawoma Martinez, community educator/advocate. “They also have the least amount of resources available for safety and healing. One of our best healers is our Earth Mother, breathing in fresh air, moving, dancing and walking in a good way. Violence is not our way, so let’s move together to help our community heal.”

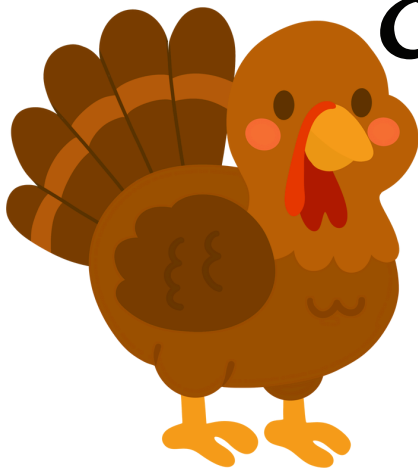
The Maliseet Advocacy Center used to hold a 5K run, but had not sponsored a walk or run for several years. This year, the group partnered with Jocelyn Haney, community health educator for the Maliseet Community Health Education department and Maya Gardiner, the tribe’s certified physical fitness instructor, to bring a healthier approach to close out the month-long celebration.

Just as the walk began, a bald eagle – a symbol of strength and courage in the Maliseets and many other tribal communities -- soared over the field, helping encourage those in attendance to bring a positive energy to the day.



The Maliseet Advocacy Center held a one-mile run-walk on Saturday, Oct. 18, as the final event to recognize October as Domestic Violence Awareness month. Staff taking part were, front from left, Jocelyn Haney, community health educator; Tawoma Martinez, Allison Sabattis and Cathy St. John of the Maliseet Advocacy Center; and back, Amanda Long and Victoria Fredrick, Maliseet Advocacy Center, Aline Pardilla, assistant director for the Wabanaki Women’s Coalition; and Maya Gardiner, certified physical fitness trainer for HBMI.





# Elders' Calendar

November 2025




Elder Center phone # -- 532-7780

Elder Coordinator -- Danya Boyce

Cook -- Mark Lewis

*All regular meals begin at 11 a.m.*



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
2 <b>Fall Back!</b> Daylight Savings Time Ends 	3	4 <b>ELECTION DAY!</b> Shepherd's Pie Stewed Tomatoes Whole Grain Bread Cook's Choice Dessert	5	6 <b>HONOR THE ELDERS</b> Special evening event No lunch served at Elders Center this day	7	8
9	10	11 <b>VETERANS DAY</b> All Tribal Offices Closed 	12	13 Meatloaf Mashed Potatoes Corn Rolls Brownies	14	15
16	17	18 Taco Tuesday! All the taco fixings Fruit Salad Cool Whip	19	20 <b>BINGO!</b> Soup N' Sandwich Soup of the Day Assorted Fixings Cake	21	22
23	24	25 Spaghetti & Meatballs Tossed Salad Italian Bread Fruit Juice Ice Cream	26	27 <b>ALL TRIBAL OFFICES CLOSED</b> 	28	29
30						





# Maliseet Advocacy Center celebrates Domestic Violence Awareness Month





# BOYS AND GIRLS CLUB

## NOVEMBER 2025

Subject to change without notice

### TO DO

- Let staff know by 2:00pm every Monday if your child will be attending for the week.
- We have **designated** time for **homework** time each day. Staff will **encourage** all youth to complete their **homework**.
- If your **child chooses** not to do their homework, they will **read for the designated homework time**.
- As nonprofit organization, BGC runs on grant funding that supports important programs. Participation in these programs are required by all youth to meet our grant objectives.
- Ensure your child has appropriate attire for the weather.
- \*SIGN UP Required\***

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 *ART CLUB*	4 TRAIL W/ COMMUNITY HEALTH EDU	5 WABANAKI WEDNESDAY W/ DOLORES	6 PREP FOR DINNER	7 FAMILY DINNER 5P-7P @ RESOUCE CENTER	8
9	10 PROFESSIONAL DEVELOPMENT DAY NO CLUB	11 HBMI Closed VETERANS DAY	12 WAMPONOAG'S PERSPECTIVE OF THE FIRST THANKSGIVING	13 WAYS	14	15
16	17	18 TRAIL W/ COMMUNITY HEALTH EDU	19 WAMPONOAG'S PERSPECTIVE OF THE FIRST THANKSGIVING	20 *ART CLUB*	21	22
23	24 *ART CLUB*	25 EARLY RELEASE	26 HBMI CLOSED	27 HBMI CLOSED	28 HBMI CLOSED	29 



## ELDER GAMES

11-22-2025

- FOOD
- FUN
- FRIENDS

Starts at 4pm

Join us for Fun Games  
Archery, Darts, Chair Volley Ball

568 Foxcroft Road, Houlton,  
ME, 04730




## 23RD ANNUAL Honoring Our Elders

NOVEMBER 6, 2025  
SOCIAL HOUR - 4PM  
DINNER - 5PM

MALISEET COMMUNITY  
CENTER  
568 FOXCROFT ROAD  
HOULTON, ME



# Goodall is new Wabanaki Child Support consortium case manager

The Penobscot Nation has been collaborating with the Houlton Band of Maliseet Indians to get tribal child support services to the Maliseet community.

Kaitlyn Goodall has been selected as the new Child Support Consortium case manager. She will be based at 89 High St. in Houlton. Call 207-599-6170 for more information.



**Kaitlyn Goodall**

## Community Social set for Nov. 20

The Houlton Band of Maliseet Indians is hosting a Community Social on Thursday, Nov. 20 starting at 5 p.m. at the Maliseet Community Center (568 Foxcroft Road).

Bring your regalia and join us for a night of drumming, dancing and good food! Families are encouraged to attend.



*Serving our community with fairness, integrity and compassion*

**LOCATION:**  
88 Bell Road, Littleton, ME  
(Downstairs entrance, door to the left)

### OUR SERVICES

- Healing to Wellness Court
- Protection from Abuse (PFA) and Protection from Harassment (PFH) Orders
- Divorce and Name Change Petitions
- Parental Rights and Responsibilities
- Indian Custodianships / Guardianships
- Probate Matters
- Determination of paternity

### PINE TREE LEGAL ASSISTANCE

Pine Tree Legal provides free legal assistance for housing, protection orders, family law, and other civil matters.  
Every last Tuesday of the month 10 AM to 2 PM.  
Please contact Renae to schedule an appointment.  
Walk-ins are welcome as time allows.

### CONTACT US

Tiffany Smith, Court Administrator  
(207) 532-4273 ext. 211  
tsmith@maliseets.com

Renae Sabatis, Court Clerk  
(207) 532-4273 ext. 245  
rsabatis@maliseets.com

HBMI FOOD PANTRY

# TURKEY BASKET

## DISTRIBUTION DAY

IF PICKING UP FOR ANOTHER INDIVIDUAL, YOU MUST HAVE A SIGNED PERMISSION SLIP WITH NAME, ADDRESS AND PHONE NUMBER

NOV | 20 | 1-3 PM

13 Clover Circle, Houlton

Our Tribal Food Pantry will be distributing turkey baskets to federally-recognized tribal members. Limit ONE basket per household. First come, first served. No appointments. Items vary, but include turkey or ham; 5lbs of potatoes; 1 pie (apple or pumpkin); cranberry sauce; stuffing; gravy; rolls; squash/carrots; frozen juice concentrate. No substituting items.

BOYS & GIRLS CLUB OF MALISEET

Please Join Us For A

# Thanksgiving DINNER

FRIDAY, NOVEMBER 7TH

Hosted by BGC & Wabanaki Public Health & Wellness

Maliseet Resource Center  
654 North Rd. Houlton ME

5:00pm -7:00pm  
BGC youth, families & elders

Wabanaki Public Health & Wellness  
Cultivating the health of our community