



January 2026

HBMI

NEWSLETTER

ICWA Department welcomes new staff

Sharon Romanelli has joined the Houlton Band of Maliseet Indians as a Case Manager in our Indian Child Welfare Act (ICWA) Department. Tammy Tompkins has also been added as a Family Support Worker.

Romanelli has more than combined 20 years of experience working for the federal government/federally qualified health care center, bringing a background in care coordination and case management rooted in collaboration, advocacy and respect for tribal governance and ICWA principles. Tompkins most recently worked for the tribe as a warehouse lead delivery driver in the Food Distribution Program on Indian Reservations (FDPIR).

"I value continual growth in education and health and welcomes connection, so please stop by for fresh coffee or tea or join in a lunchtime walk as schedules allows," Romanelli said.

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Boys & Girls Club of Maliseets seeks input on Teen Hours

The Boys and Girls Club of Maliseets is seeking input from the Tribal Community on the possible expansion of its program to include a separate "Teens Only" hours.

Individuals with teens in their household are asked to take a quick online survey to determine level of interest in the new program. Scan the QR code to the right to access the survey or visit: <https://www.surveymonkey.com/r/BGCTeens>



HAPPY
NEW
YEAR

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Program January
hours**

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for the month**



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Tompkins has been married to tribal citizen William Tompkins for the past 43 years, and the couple have four children, 18 grandchildren and four great-grandchildren. She has been involved with the Maliseets since 1982.

“I have learned a great deal about the Native culture in those years,” Tompkins said. “I love working in my new position with ICWA, so that I can better help the community by helping families stay together and help keep children safe from harm.”



Sharon Romanelli



Tammy Tompkins

January is
**STALKING & HUMAN
TRAFFICKING
AWARENESS
MONTH**

ON JANUARY 8TH, PLEASE HELP US RAISE AWARENESS
WEAR BLUE OR WHITE AND BE ENTERED INTO A DRAWING FOR A GIFT CARD.
MESSAGE US A PICTURE OF YOURSELF WEARING BLUE OR WHITE TO OUR
MALISEET ADVOCACY CENTER PAGE
DRAWING IS AT THE END OF THE DAY

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ELDERBERRY SYRUP WORKSHOP

JOIN US FOR A HANDS-ON ELDERBERRY SYRUP WORKSHOP. ALL SUPPLIES WILL BE PROVIDED!

WHERE: MALISEET RESOURCE CENTER
654 NORTH ROAD, HOULTON

WHEN: SATURDAY, JANUARY 31ST, 2026
FROM: 11:00 AM TO 1:00 PM

LIMITED SPOTS AVAILABLE PLEASE RSVP:
SEND TEXT MESSAGE TO CONNIE PARADIS AT 207-735-5427. YOU WILL RECEIVE A TEXT MESSAGE TO CONFIRM YOUR SPOT.

JANUARY 2026

FOOD DISTRIBUTION PROGRAM ON INDIAN RESERVATIONS (FDPİR)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CALL CARRIE PETERSON AT 207-532-8919 FOR MORE INFORMATION				1 CLOSED HOLIDAY BREAK	2 CLOSED	3 CLOSED
4 CLOSED	5 7 A.M. TO 5 P.M.	6 7 A.M. TO 5 P.M.	7 7 A.M. TO 5 P.M.	8 7 A.M. TO 5 P.M. PRODUCE DELIVERY DAY	9 CLOSED	10 CLOSED
11 CLOSED	12 7 A.M. TO 5 P.M.	13 7 A.M. TO 5 P.M.	14 7 A.M. TO 5 P.M.	15 7 A.M. TO 5 P.M.	16 CLOSED	17 CLOSED
18 CLOSED	19 CLOSED MARTIN LUTHER KING JR. DAY	20 7 A.M. TO 5 P.M.	21 7 A.M. TO 5 P.M.	22 7 A.M. TO 5 P.M. NUTRITION ED CLASS / SEE FACEBOOK	23 CLOSED	24 CLOSED
25 CLOSED	26 7 A.M. TO 5 P.M.	27 7 A.M. TO 5 P.M. LAST DAY FOR JANUARY ISSUANCES	28 7 A.M. TO 5 P.M. OFFICES ONLY / WAREHOUSE DELIVERIES	29 CLOSED FOR INVENTORY	30 CLOSED	31 CLOSED

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Elders' Calendar

January 2026

Elder Center phone # -- 532-7780

Elder Coordinator -- Danya Boyce

Cook -- Mark Lewis

All regular meals begin at 11 a.m.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1 Office Closed New Year's Day	2	3
4	5	6 Meatloaf w/ gravy Mashed Potatoes Green Beans Whole Grain Bread Assorted Cakes	7	8 Breaded Fish Patties Tater Tots Coleslaw Dinner Roll Assorted Applesauce	9	10
11	12	13 Baked Pork Chops Mashed Potatoes Mixed Vegetables Cook's Choice Bread Jello Cool Whip	14	15 American Chop Suey Broccoli Italian Bread Fruit Salad Cool Whip	16	17
18	19 Office Closed Martin Luther King Jr. Day	20 Taco Tuesday With All The Fixings Assorted Pies	21	22 BINGO! Soup N. Sandwich Smorgasbord Assorted fixings Sadies bread/buns Ice Cream Chips	23	24
25	26	27 Chicken Breast patties Buns, cheese, mayo Macaroni Salad Brownies	28	29 Baked Beans Hot Dogs Potato Salad Rolls/Sadies Bread Cook's Choice	30	31

